

WHAT IS MHBOT?

Mild Hyperbaric Oxygen Therapy (mHBOT) is a safe, non-invasive specialised therapy that uses an increase in atmospheric pressure to increase oxygen supply into blood cells, blood plasma, cerebral-spinal fluid, plus all tissues and organs of the body. It has been shown to provide a wide variety of positive physiological, biochemical and cellular improvements in many conditions which benefit from increased oxygen availability.

The use of a hyperbaric chamber provides up to 300% more oxygen saturation, allowing wounds to heal faster, swelling to be reduced much more quickly, restoration or increased blood flow to injured areas accelerating healing, aiding in detoxification and promoting general wellness. It also aids in the treatment of chronic disease while maximising other modalities. Furthermore, bacteria, viruses, pathogens and yeast cannot survive in an oxygen enriched environment and the pressurised environment of the chamber facilitates recovery much more quickly from surgery or injury.

We use the Salus 36 model which sells around 30,000 units per year worldwide making it a trusted industry leader in hyperbaric chambers.

MILD HYPERBARIC OXYGEN THERAPY





A KEY TO ENHANCED LONGEVITY

DOCUMENTED BENEFITS

There have been many amazing stories behind the success of MHBOT, here are a few benefits people have reported from regular useage. Even after one single session these benefits have been recorded.

- Preconditioning against injury
- Shortens recovery time after exercise, injury or surgery
- Revitalizes energy by improving blood flow and oxygen to all organs
- Regenerates small blood vessels (capillaries), nerves and bones
- Improved physical & mental performance
- Improved sleeping patterns
- Increased strength & endurance
- Reducing inflammation, swelling, pain
- Brain repair
- Speeding up healing of muscles, ligaments and fractured bones
- Rejuvenates by releasing stem cells from bone marrow for tissue repair
- Reducing and preventing infection
- Reducing scar tissue formation
- Cleansing blood from toxins and toxic substances
- Maintaining general health

PRICES AND HOW OFTEN

Single session - \$60

5 Pack - \$300 + 1 free session

10 pack - \$600 + 3 free sessions

MHBOT is a cumulative therapy that can be done as frequently or as minimally as the individual has means. The real question is how do you feel after the therapy? From personal experience we have found that the more you use it the more the subtle effects stick with you. MHBOT tends to calm, energize and give a better sleep so useage can be regular or relative when these factors are affecting you.

As with all "alternative" therapies there are many websites, supposed doctor opinions, bloggers and general detractors that will confuse the issue of "does it actually work". While I cannot speak for a strangers opinion (no matter how holier than thou it may seem) the results speak for themselves. I purchased this machine for my OWN health and longevity and have found it to be better than I expected. Improved sleep and sharp mental awareness are my biggest tangible results. I have also felt my knee joint pain slowly starting to go away since using the chamber, this has been a 15+ year injury that started FEELING better since I started using the chamber. Placebo? I cannot say for sure, but I can wholeheartedly say it works for ME. Justin